

### PRESIDENT’S CHRISTMAS MESSAGE

Welcome to the summer edition of the Community Supporting Police (CSP) newsletter. It has been an eventful year with the addition of new members, gaining charity status and an increase in the community events attended by our wonderful volunteers.

### ANNUAL GENERAL MEETING

On 8 September 2023 the CSP Annual General Meeting (AGM) was held in Brisbane. Deputy Commissioner Cameron Harsley (pictured right), represented the Commissioner, who was unable to attend. On behalf of CSP, I thank Commissioner Katrina Carroll for being our Patron and providing support and assistance throughout the year. I would also like to thank all members whom have supported the ongoing work of CSP and Helping Hand (HH).

To those members who have continuing in their executive and portfolio roles this has provided organisational stability to assist in taking the organisation forward.

The following people were awarded the 20 and 30 years of service certificate to CSP, which is exceptional. Mrs Trish Judd receives the 20-year certificate and pin. Inspector Michael Ackery and Mr Emmanuel Anthony (PSM) receive the 30-year certificate and pin. Unfortunately, they were unable to attend the AGM and the awards will be sent to them.



Honorary Life Membership Awards were presented to Mrs Trish Judd, Mr Greg Early AM APM, (photo left) and the Reverend Doug Foster (photo below) for their exemplary dedication to CSP for many years.



The Guest Speaker for the evening was Captain Dylan CONWAY of 6 Royal Australian Regiment (RAR) and founder of BrothersNBooks.

BrothersNBooks is a charity established in 2020 which promotes the healing and empowering effects reading can have when, people in particular first responders, front line workers are dealing with adversity and especially during the recovery from injury. “Brothers and Books provides both a public and private platform for people with varying struggles to connect with those who have triumphed over them.” The presentation was excellent and Dylan’s work provides another tool to assist members of the QPS in difficult times. (more information pg. 6.)

Presidents’ message (cont. pg. 5.)

# **National Police Rememberance Day**

## **Guardian of the Thin Blue Line**

We swear the oath to protect the innocent, the weak and those in need.  
The ideals of knightly virtue give purpose to our creed.

For to serve and uphold the Kings Justice, through trial and tribulation,  
is the mission of we who toe the blue line,  
with honour across this nation.

Yet the public rebukes and unexpressed discontent amass and rip at our minds,  
our thankless sacrifices made, to hold this tin blue line.

And when we fall from grievous hands,  
in answering duty's call,  
we ask,  
who really cares if the tin blue line sustains its thin blue walls?

It's a thankless role, we chosen few who when faced with comrades lost,  
close our ranks to bare our grief and evaluate the cost.

We that are left remember all who paid the ultimate price,  
who gave their lives for their fellow man,  
to fight the crime and vice.

We remember their courage, their compassion,  
these fallen angles, divine, who shone their light, against the darkness,  
guardians on the thin blue line.

We shall remember  
We shall remember.

Retired Sergeant Steve Lamb.





## Chaplain Reflection: 'Everyday Courage' – stepping beyond!

Today I want to *celebrate* and *encourage* everyday courage. Looking at a dictionary, courage “is the ability to do something that you know is difficult or dangerous: it is about mental or moral strength to venture, persevere, and withstand danger, fear, or difficulty” . We can also talk about *moral courage* – “the willingness to stand up when others want you to sit down” which is linked to the value of integrity.

### The Door handle moments –when courage fails!

Remember when you had to turn a door handle to enter a difficult meeting and courage may have failed? If we are honest, I reckon this happens to all of us.



All around us, there are stories of ordinary courage in ordinary times and amazing acts against all odds - to inspire us to turn the handle and step forward.

How do we find, access or get hold of such courage? You **can't** buy it at a shop. Thankfully, examples of facing our fears and acting as we must occur every day. Here are some examples:

The courage of an officer stepping forward to prevent harm - when *“faced with a dangerous situation, think not of themselves or their own safety but about others. These individuals deserve our admiration – are an inspiration and examples of the sort of selfless sacrifice that we can all aspire to”*.

Helping out in the community – especially supporting fundraisers and those in need.  
Going to a medical appointment when you would rather not.

A friend is really doing it tough and is in personal crisis. **You chose to give them support and help.**  
...somehow **care & love makes the difference.**

### Thankfulness

I give thanks for all the many, many known and unknown stories of courage.

What is interesting is that all of these involved a **choice**. Close to home too, we don't have to look far in times of human need, danger, fire and flood to see examples that inspire us. Without such as these actions tragedy could well have the last word.

### Search out what gives you courage

I want to finish with an invitation. **Why not in the coming weeks reflect on what gives you courage.** Or you may like to ponder a new step or action that is courage-focused.

It could be having that respectful, clear and solution-focused action or chat that you've put off asking someone how they got through rough, tough times or how they face down fears.

See where it takes you.  
Blessings to all.

### Police Chaplain

*Rev. Dr Peter Devenish-Mearns*



**Fallen Firefighters Honoured for Firefighters Remembrance Day**

On Tuesday 10th October 2023 at 10am the members of Community Supporting Police and the wider community paused to acknowledge the supreme sacrifice and remember those firefighters, full time, part time, and volunteer, who have lost their lives protecting the community and property.

Ceremonies were held across the state with the reading of the Firefighters Prayer, and a bell is rung for each of the 60 Queensland firefighters who has lost their lives, while on duty since 1877.

Minister for Police and Corrective Services and Minister for Fire and Emergency Services The Honourable Mark Ryan said “this year, Firefighter Izabella (Izzy) Nash has been added to the Honour Roll, after passing away due to injuries sustained while fighting a fire at Slacks Creek on May 2, 2023”.

Queensland Fire and Emergency Services (QFES) Commissioner Greg Leach said: “This year has been a particularly sombre and challenging one for firefighters across Queensland,” Mr Leach said. “I know today, especially, Izzy and all of those who have lost their lives in the line of duty will be in the thoughts of the entire firefighting community.

“In recent years, our firefighters have faced dangers whilst responding to widespread flooding and while on overseas deployments in the aftermath of catastrophic earthquakes, and even Cyclone Gabrielle in New Zealand. <https://statements.qld.gov.au/statements/98886>

Sadly on Saturday 4 November, Three crew members from a Victorian flight charter company died after their light plane crashed while assisting firefighters battling bushfires about 104km southeast of Cloncurry Queensland’s Fire and Emergency Services Minister Mark Ryan said “For weeks now the teams in the air supporting the firefighting efforts have been working together to keep Queenslanders safe”.

“So many of them know each other, work together, dedicate themselves to the same goal, to keep everyone safe.

“To lose a team of their own will be especially hard” <https://www.news.com.au/national/queensland/news/mckinlay-light-plane-crash->

The members of Community Supporting Police join with the wider community and extend our heartfelt condolences to the families, the friends, and the colleagues of the crew who have lost their lives.



Presidents' message (cont. pg. 1.)

The following persons were elected unopposed to the CSP Management Committee:

President Mr Dan Mahon APM  
Vice President Mr Bryan Brown AM  
Treasurer and Members Registrar Mr Victor Serchen  
Secretary and Branch Liaison Mrs Cecelia Serchen

The following appointees were made to the CSP Management Committee:

Police Liaison Officer Chief Inspector Jason Overland  
Police Chaplaincy Representative QPS Chaplain Matt Govan  
Helping Hand Treasurer and HH Representative Ms Nadene Sander

The following appointees were made to the CSP Management Committee portfolios.

Blue Ribbon Committee Representative Mr Colin Diachkoff  
Emergency Accommodation Coordinator Sergeant Luke Kleidon  
Event Coordinator Mrs Cecelia Serchen  
Facilities Manager Mr Bryan Brown AM  
Marketing & Promotions Coordinator Ms Deborah Nicholson APM  
Merchandise Officer and Police Beat Liaison Mrs Deborah Mahon  
Web Liaison Mr Victor Serchen

I would like to acknowledge the appointment of Sergeant Luke Kleidon who was taken on the role of Emergency Accommodation Coordinator to give Peggy Campbell a well-earned break. Peggy has held the accommodation coordinator role for many years for which I thank her and she will continue to clean the Brisbane properties. Thank you to everyone who has fulfilled management and portfolio roles in Brisbane and the Branches throughout 2022-2023.

Throughout 2023, Mr German Moya from Property and Facilities section of the Queensland Police Service (QPS) has continued to provide excellence support in maintaining the nine properties situated throughout Queensland. The Chaplaincy Unit have continued to provide an outstanding service to all members of the QPS, and in particular, those who have sought the use of the emergency welfare accommodation. During 2023 four new Chaplains were appointed and we welcome them to the Police family.

I would also like to acknowledge Craig Ray and associates who will continue providing legal assistance and advice to CSP, as well George & Ridgway Public Accountants who undertake the annual audit of CSP and HH accounts.

The branches in Toowoomba, Townsville, Rockhampton and Cairns have continued to provide a necessary service to country members of the QPS, and I thank them for their continued dedication to this task.

### **ANNOUNCEMENT**

It is with pleasure that I announce that CSP is registered as a charity with the Australian Charities and Not-for-Profits Commission (ACNC). Application was made to the ACNC due to a change in federal legislation, that required, not for profit organisations to be registered as a charity to enable the benefit of tax exemptions and the ability to maintain Deductible Gift Recipient Status (DGRS). Helping Hand a subcommittee of CSP will continue to provide assistance to members of the QPS and their immediate families who are faced with serious, terminal, life threatening injuries or significant personal trauma and who find themselves in 'necessitous circumstances'. A benefit of CSP obtaining charity status may also assist us going forward in applications for sponsorship from government and non-government entities.

Christmas time is fast approaching and with that unfortunately, danger on our roads. I implore everyone to drive courteously and safely to ensure that they and others are able to enjoy Christmas and the New Year. The loss of a loved one leads to inconsolable grief.

I know that I sound like a broken record, however, CSP is only as strong as its membership, and it is important that we have people who are able to undertake volunteer duties at various events throughout the State. The sale of unique QPS endorsed merchandise, provides funds to continue the provision of emergency welfare accommodation. So, if you or any of your friends and relatives, have a spare few hours throughout the year to assist at local events, it would provide a break to those who have continued to selflessly attend these events.

I wish everybody a safe and holy Christmas. And hope that you have a fantastic 2024.

Dan Mahon APM  
President  
Community Supporting Police Inc.

Captain Dylan CONWAY of 6 Royal Australian Regiment (RAR) and founder of BrothersNBooks was the Guest speaker at the 2023 Community Supporting Police Annual General Meeting, held at Queensland Police Headquarters on Wednesday 13 September.

BrothersNBooks is a charity established in 2020 which promotes the healing and empowering effects reading can have when, people in particular first responders, front line workers are dealing with adversity, especially during the recovery from injury. “Brothers and Books provides both a public and private platform for people with varying struggles to connect with those who have triumphed over them.”

Captain Conway (Dylan) thanked Mr Mahon and the attendees for the opportunity to talk about his charity, saying he was excited to be here, and also acknowledged all members of CSP and thanked them for the work they do to support members of the QPS.

Dylan opened his addresses to the Annual General Meeting attendees telling of his personal struggles following a significant injury, the continuing journey of multiple surgeries, long recoveries, and how the suggestion from his mum to read “The Power of Now” by Eckhart Tolle.

Thus began his literary journey of discovery he was able to harness the power of bibliotherapy and keep his mind active during his hardest times.

Being a very active person, focused a lot on self-worth and progression with university studies and physical training, before the injury, a condition called Pilonidal Sinus, was daunting. Spending 14 months bed-ridden after multiple surgeries and contemplating a future in which he may never walk again was the most challenging time of his life, so he decided to focus his efforts on education, as a means of keeping his mind occupied, reading more than 100 books on self-development, from recounts of combat operations and philosophy to stories of perseverance in times of extreme hardship while in recovery.

Realising the benefits of reading a week out from being able to walk again, Captain Conway was inspired to create Brothers n' Books on Instagram. Instagram provided a platform where other Defence personnel, first responders, or anyone who had faced adversity could tell their story and recommend books that helped them, and the charity Brothers and Books was founded.

Within 6 months of setting up the Instagram page in November 2020, its fan base has grown to more than 4,000 followers.

Furthermore, over 40 free community libraries Australia wide, including military units, first responder headquarters, police stations and private businesses, Brothers and Books has donated over 6000 books and over \$140,000 to charity since its inception. Thus, changing the stigma around reading, with the purpose of “promoting self- education and mental resilience through bibliography”. to decrease stress and increase resilience in the workforce.

Captain Conway explained that the same way that diet, working out and socialising assist in living a happy, healthy life, reading books can also contribute to your overall wellness and health. Regular reading has been shown to lower stress levels by as much as 68% and avid readers were found to be 10% more likely than people who don't read to have better self-esteem, as well Lifelong readers are 40% less likely to experience cognitive decline in old age. Another benefit is that if you have any doubts about literally anything in the world – someone has written a book about it to tell you how to deal with that situation.



Thus the Brothers N Books charity brings together the idea of service, sacrifice and overcoming challenges through education and empowerment.

A suggested book “Man’s Search for Meaning by Viktor Frankl  
For more information please go to <https://brothersnbooks.com>

(Photo left) Mr Dan Mahon presenting Captain Dylan Conway with one of CSPs newest puppy recruit “Kaos”.

(Photo right) Captain Conway with Deputy Commissioner Cameron Harsley (left) and Acting Assistant Commissioner David French (right)





(photos left) CSP Treasurer and Secretary with Barry and Raewyn Land from Land Transport, Toowoomba. Barry and Raewyn met Victor and Cecelia Serchen and CSP's JP Teddy on a recent trip and after hearing about Community Supporting Police and its unique police branded merchandise Barry and Raewyn decided to purchase 280 JP Teddies to support our objective to maintain emergency welfare accommodation for members of the QPS and their families in their time of need.

The photo was taken when the delivery of these new constables was made in August at the Land transport depot. However, this is not the end of their journey, each of these Teddies is going to be placed together with one of

the new CSP brochures into the Christmas hampers which Barry and Raewyn gift to their staff and customers.

The members of CSP wish to sincerely thank Barry and Raewyn for their generous support and promotion of CSP within both their local and the wider community.

Established in 1984, Land Transport is a dedicated Road Transport carrier which provides a comprehensive distribution and delivery network across Australia.

It all started when Trevor Young and Barry Land decided to "have a go" and each purchased a truck which they individually worked, forming Young and Land Transport.

In February 2008 after many successful years Trevor and Shirley Young decided to turn their last wheels. Barry Land was not finished with the industry which has become his life's work he can still be seen in depots and remains involved in the business on a day to day basis.

Being in the transport business is more than a job for Barry and Raewyn, it is a way of life. Growing up, their children were as much a part of the business as their staff. Today they are proud to have their sons as part of the growing company team. They have built a strong team of more than 270 staff and operate a late model fleet which can be seen daily, Australia wide.



# Welcome new members Brisbane, Rockhampton & Cairns

**Mrs Deborah Mahon**  
**(Brisbane) Management Committee Merchandise Officer.**

**Mr David Callerame Cairns**  
**(Far North Queensland Region) Branch.**

**Mel Cowie**  
**Rockhampton (Central Region Branch)**

**It is indeed great to have you join us in our quest  
"to support those who support us".**

**We look forward to working with you to support the QPS family,  
to raise funds to assist with the maintenance of the  
emergency welfare accommodation facilities  
and promote both CSP and the CSP Helping Hand Fund amongst your community.**

**Congratulations!!!!**

# Need support?

If you are a Queensland Police Service employee in need of support please contact your local QPS Chaplain or CSP Branch (contact details below)

If you would like to attend your local CSP Branch meeting or become a CSP member please contact your local QPS Chaplain or CSP Branch representative.

**Cairns:** [Rev Luke Smallwood](mailto:Smallwood.LukeJ@police.qld.gov.au) — [Smallwood.LukeJ@police.qld.gov.au](mailto:Smallwood.LukeJ@police.qld.gov.au)  
(Far North Region Cairns & Tablelands)

**Townsville:** [Chief Inspector Joe Kitching](mailto:Kitching.JoeJ@police.qld.gov.au) - [Kitching.JoeJ@police.qld.gov.au](mailto:Kitching.JoeJ@police.qld.gov.au) (Northern Region)

**Rockhampton:** [Detective Sergeant Jason Milner](mailto:Milner.JasonG@police.qld.gov.au)— [Milner.JasonG@police.qld.gov.au](mailto:Milner.JasonG@police.qld.gov.au) (Central Region)

**Toowoomba:** [Detective Senior Sergeant Paul McCusker](mailto:McCusker.PaulF@police.qld.gov.au) — [McCusker.PaulF@police.qld.gov.au](mailto:McCusker.PaulF@police.qld.gov.au)  
(Southern Region)

**Police Liaison Officer:** [Chief Inspector Jason Overland](mailto:Overland.JasonP@police.qld.gov.au) — [Overland.JasonP@police.qld.gov.au](mailto:Overland.JasonP@police.qld.gov.au)  
(State wide)

**After Hours Chaplain:** [0407 761 950](tel:0407761950)



**Helping Hand** is a sub-committee of CSP and has Tax Deductibility Status.

The fund provides financial assistance to members of the QPS family who are affected by serious illness or personal trauma and meet the necessitous circumstances criteria.

Financial support of HH is vital for the Fund to continue to support members of the Queensland Police Service family.

Support can be provided through donations, sponsorship, payroll deductions and fund raising events.

The Helping Hand Committee work voluntarily to ensure donations are maximised towards providing financial assistance to all paid members of the QPS family in their time of need.

By making a tax deductible donation, as little as \$2.00 per pay, through your QPS payroll.

**You can make difference.**

**Members of the QPS** can create a fortnightly donation through ESS (instructions can be found on the Helping Hand page on the QPS intranet).

**Not a QPS employee and would like to donate?**

Make a donation **through our GiveNow page at the following link:**

<https://www.givenow.com.au/organisation/public/5308>

Police officers aren't born, they're made, with every challenge or adversity overcome, and their personal values, helping to shape them into great officers who can make a real difference.

There is no better time to join the QPS. You're already ready.

Visit [PoliceRecruit.com.au](http://PoliceRecruit.com.au) to check your eligibility today.



**PoliceRecruit.com.au**

### Be cyber wise – don't compromise

October was Cyber Security Awareness Month, and is a great time to reflect on your personal and professional cyber security habits and practices - your 'cyber hygiene'.

The theme for 2023 was 'Be cyber wise – don't compromise' we encourage you to '**Be cyber wise - don't compromise**'. There are 4 simple steps you can take to be cyber wise and significantly boost your cyber security:

- Update your devices regularly
- Turn on multi-factor authentication
- Back up your important files
- Use passphrases and password managers. <https://www.cyber.gov.au/learn-basics/view-resources/cyber-security-awareness-month>

### Phishing and Online Shopping

With the holiday shopping season fast approaching – there are great bargains to be had in the Click Frenzy (24 - 26 October), Black Friday and Cyber Monday sales (24 - 27 November). But, unfortunately these great bargains do not only provide opportunities for the savvy shopper, but it's also the perfect time for scammers looking to take advantage of the high volume of ecommerce activity and related shipping notifications. Scammers may use email, SMS or social media to try and trick you into revealing account information or financial details and may even setup fraudulent websites to try and get you to pay for non-existent products and services.

Ensure you stay safe while shopping online by making yourself aware of potential scams and reading through the below security tips.

Here are some tips to help keep you safe in the workplace and at home:

- **Use secure payment methods** – never pay by direct bank deposits, money transfers or digital currencies such as Bitcoin as it is rare to recover money sent this way. Pay by PayPal or your credit/debit card.
- **Know the warning signs** - Extremely low prices, payments through direct bank deposits, and online stores that are very new or have limited information about delivery and other policies can all be signs of a scam.
- **Avoid engaging with unexpected shopping and shipping themed messages**. Do not click links or call phone numbers included in unsolicited or unusual emails or text messages. If you want to confirm a claim or offer, go directly to a legitimate source. For example, type in the URL of a retailer's website, log into an account via a trusted app, or call a known contact number.
- **Don't be tricked by imposters**. Attackers often use familiar brand names, logos, images, and other impersonation tactics in their communications. These aren't signs that a message is safe.
- **Remain alert to emotional manipulation**. It's common for attackers to promise access to amazing, limited-time deals, or to make people afraid that a shipment or gift won't be delivered. They do this to trick people into acting quickly, based on an emotional response.
- **Make sure you verify that links** in emails, SMS and social media posts are legitimate and if you are unsure, use a search engine to locate the correct URL for the business. Don't enter any credentials unless you are sure of the legitimacy of the site.
- **Make sure to hover** the cursor over links to reveal their true destinations
- **Don't click on any links** unless you can verify that they are legitimate. Remember – if you weren't expecting it, don't click on it!
- **Check the sending address** and don't click on unsolicited links. ([information taken from QPS cyber security awareness message](#))

For more information go to: Australian Cyber Security Hotline **1300 CYBER1(1300 292 371)**

### **CSP Brisbane General Meetings Dates 2024**

**General Meeting:** Wed 10 April 2024 (Time and Location to be advised)

**Annual General Meeting:** Wed 11 September 2024 (PHQ Roma Street Brisbane time to be advised)

**General Meeting:** Wed 13 November 2024 (Time and Location to be advised)

# From the Branches



(above) CSP Toowoomba Branch secretary Roz Making (far left) accepted a cheque for \$5000 as fundraising proceeds from the Brett Forte Super 10s Memorial Challenge held on 28 October 2023. Roz was honoured to accept this donation on behalf of the CSP Southern Region Branch, and states the funds will be used for new plants, landscaping and garden kerbing at Shaunagh House.

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Community Supporting Police Inc. (CSP) was established in 1991, to support police and their families following the Fitzgerald Enquiry. Over the past 32 years CSP and its volunteers, under the motto "supporting those who support us", have assisted thousands of Queensland Police Service (QPS) members and their families in times of trauma and crisis.

The aims of Community Supporting Police Inc are to:

\*Provide emergency accommodation free of charge throughout QPS members and their immediate family.

\* Maintain emergency accommodation with volunteer assistance.

\* Fundraise through special events, merchandise sales and donations to fund the aims.

With the generous support of the QPS and the QPS Chaplaincy network, CSP manages 9 properties across Queensland as emergency welfare accommodation for all members of the QPS family. Five of these are in Brisbane, with the remainder located in Townsville, Cairns, Rockhampton and Toowoomba. Unfortunately, these facilities are in constant and regular demand across the State.

CSP also maintains Dyas Homestead at Einasliegh, which is utilised, as respite accommodation by officers who work in stressful situations in Far North Queensland. The former police station is still used by members of the QPS as a venue for community meetings and social activities.

CSP provides furniture, white goods, electrical appliances, cutlery, crockery, linen and bedding to all emergency welfare accommodation units and houses within their district. Further to these items Community Supporting Police funds the ongoing costs associated with general maintenance, cleaning, and payment of utility bills.



CSP has a distinctive selection of merchandise items for sale through selected Police Beats and the Queensland Police Headquarters shop (ground floor 200, Roma Street Brisbane). Merchandise can also be purchased online via [www.csp.asn.au](http://www.csp.asn.au)

Like all community groups, CSP is constantly seeking new members and supporters, so we can continue to support the members of the QPS and their families during difficult times, to continue to "support those who support us".

To become a member and play an integral part in CSP's mission to help QPS families, only requires a \$20.00 annual membership and any amount of time (small or large) that you can give to help out at one or more of our many CSP events held across the State throughout the year.

The members who attend these events have great fun meeting and mixing with lots of wonderful people from all walks of life.

# Thank you

**Community Supporting Police Inc.**  
acknowledges our wonderful sponsors and supporting businesses.

**QBANK** our major supporter, for their ongoing financial and promotional support and the provision of staff to assist in the selling of CSP merchandise at major events.

**The Queensland Union of Employees**  
for their continued support.

**The Queensland Police Service**  
for their ongoing support through our Patron Commissioner Katarina Carroll, officers and civilian staff members for their guidance and assistance.

**Brad and the team at HUNTER Promotional Products & Uniforms**  
for their continued and valuable support of our organisation.

For this generosity  
**Community Supporting Police Inc**  
is extremely thankful.



Ph: 3881 0694  
[www.hunterpp.com.au](http://www.hunterpp.com.au)



**Report Anonymously Now**

Crime Stoppers is the nation’s most trusted information receiving service for people wanting to share what they know about unsolved crimes and suspicious activity without having to say who they are.

This is why we have received funding through an Australian Government Proceeds of Crime Act Grant to help the community put organised crime and the illicit drug trade in the spotlight.

The focus of this campaign are those linked to the illicit drug trade, who often reach a point where they become concerned for their personal safety or that of their family and look for a way out.

We don’t need to know who you are, just what you know.

Research shows drugs remain the number one crime of concern for Australians. Many families have been impacted by drugs, whether that’s losing a loved one or watching them struggle with addiction. Some have been a victim of violence, crime or experienced trauma and we are all impacted by the significant health and social costs to the community.

Crime Stoppers encourage everybody to be active in sharing what they know about the manufacture and supply of illicit drugs in Australia. The result of this community effort will disrupt the illicit drug trade, assist police and have an impact on the criminal supply chain in our country.

**Contacting Crime Stoppers anonymously means the criminals will never know it was you who spoke up.**

**FACTS**

**1 in 10** people have been a victim of illicit drug-related incidents.

Australia’s illicit drug trade is estimated to be worth more than **\$10 Billion** per year.

Drugs is the **highest crime of concern** according to research.\*

For more information go to: <https://crimestoppers.com.au/illicit-drugs/>



Sergeant Leigh James, Youth Club Manager Bray Park advised that the “Police Citizens Youth Club” (PCYC) Queensland celebrated 75 Years in 2023, with the organisation having commenced in 1948, commemorating decades of commitment to empowering youth and strengthening communities across the state.

Sergeant James, commented in celebration most PCYC’s in Queensland held an Open Day on Saturday 8 July, with each Club showcasing their facilities, activities and programs to their local community. Thus continuing the PCYC’s “rich history of contributing to the state’s social and community well-being through prevention, intervention, and diversion programs, and remains

dedicated to nurturing Queensland’s youth and reinforcing community well-being across the state”.

PCYC is a leading charity providing youth and community programs, services and facilities.

Although their signature sports include: boxing, gymnastics, and martial arts, other programs, including: outside school hours care, gym and fitness are offered include to meet the diverse community needs across Queensland.

PCYC staff and volunteers work alongside members of the Queensland Police Service to building safer, healthier communities through youth engagement and development.

For more information go to: <https://www.pcyq.org.au/>



On Friday 27 October 2023 members of Community Supporting Police attended the QBANK Everyday Heroes Awards dinner. This annual event is in its ninth year and recognises the exceptional achievements of people within Queensland Police, Fire, Health, Corrections, Justice, and the Public Service.

The 22 finalists were chosen from 176 inspiring nominations, received from family, colleagues, friends, and members of the public and highlight the many frontline workers who go above and beyond in the line of duty whether they be courageous police and fearless firefighters; dedicated educators and caring health workers or young people volunteering in their communities.

QBANK Chief Executive Officer Byron Fuller said “the six award categories were Achievement, Ownership, Dedication, Working Together, Excellence and the Young Everyday Hero Award. “These awards are such a special way to shine a light on the unsung heroes in our state and recognise their hard work and dedication, even when they think no one is watching,” he said.

Mr Fuller explained that the finalists’ inspirational stories had been reviewed by a panel of highly respected judges, and the winners will receive \$2000 and an additional \$2000 donated to a charity of their choice

For more information, visit <https://qbank.com.au/everydayheroes>.

**QBANK Everyday Heroes Awards Winners per category:**

**WORKING TOGETHER:** Wylie Steel and Callam Moriarty, QPS, and Vaughan Mason, QAS, Baralaba, silo rescue. <https://www.qbank.com.au/latest-news/articles/edha-2023-excellence-finalists>.

**DEDICATION:** Byron Tyrer, QAS, Russell Island Advanced Care Paramedic Byron Tyrer was the first on scene at a Russell Island house fire on August 6 where a father and his five young boys were killed. <https://www.qbank.com.au/latest-news/articles/edha-2023-excellence-finalists> .

**ACHIEVEMENT:** Laurie Bateman, QPS, Palm Island A highly respected Palm Island police officer has won a prestigious state-wide award for his work with Indigenous youth and the wider community. <https://www.townsvillebulletin.com.au/>

**EXCELLENCE:** Helen Zahos, Volunteer, Gold Coast is a humanitarian aid volunteer who has taken her passion for helping others through nursing into some of the most dangerous areas in the world for more than 20 years. <https://www.qbank.com.au/latest-news/articles/edha-2023-excellence-finalists>

**OWNERSHIP:** Margaret Langdon, QCS Volunteer, Brisbane North is a dedicated volunteer who helps community service participants complete their hours with a needle and thread. Through her Quest for Quilts program, participants create quilts from recycled QCS uniforms. In learning a new skill, they also help people in need through donations of their quilts. <https://www.qbank.com.au/latest-news/articles/edha-2023-excellence-finalists>

**YOUNG HERO:** Tom Price, Volunteer, Brisbane. When Tom Price noticed a dip in the mental health of himself and his peers, he decided to take action. His not-for-profit organisation, You Are Not Alone, is raising awareness for youth mental health through videos content, social media and presentations in Queensland schools to connect young people with support services. <https://www.qbank.com.au/latest-news/articles/edha-2023-excellence-finalists>





**A Christmas message from your local police:  
lets disrupt opportunistic burglars this festive season**

by Sergeant Chris Hebblewaite Bayside Patrol Group Dec 2022 mypolice.

The festive season and the warmer weather is upon us, and your local police wish to remind you that while most people are enjoying getting out and about, or relaxing in the open, there are others looking to take advantage of those open doors, windows and garages for their own benefit.

There are a number of strategies you can use to enjoy the warmer months and make it more difficult for opportunistic offenders. This link will take you to the Queensland Police Service website for some tips on securing your home:

<https://www.police.qld.gov.au/safety-and-preventing-crime/home-and-multi-residential-security>. There is a terrific resource online that shows you how to do a home security assessment in a very logical and easy way.

Remember if you see activity in your street that looks out of place, please call Policelink on 131 444 or Crimestoppers on 1800 333 000. If the matter is urgent, please call Triple Zero (000).



Lastly, if you have CCTV cameras installed that capture aspects of the street scape, please consider registering your system with the QPS using our Community Camera Alliance. This can help police solve crimes in your area. Scan the QR code left for access.

If you have information for police, contact [Policelink](#) by providing information using the [online suspicious activity form](#) 24hrs per day at [www.police.qld.gov.au/reporting](http://www.police.qld.gov.au/reporting)

or call [131 444](tel:131444).

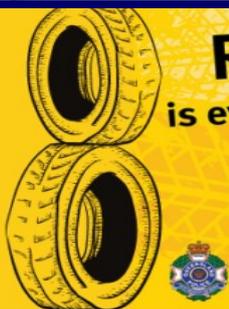
Report crime information anonymously via [Crime Stoppers](#). Call [1800 333 000](tel:1800333000) or report online at [www.crimestoppersqld.com.au](http://www.crimestoppersqld.com.au).

<https://mypolice.qld.gov.au/bayside/2022/12/20/a-christmas>

It's important to tune into  
your surroundings.



**Prevention Together**  
Prevent | Disrupt | Respond | Investigate



**Rider safety**  
is everyone's responsibility.  
A safer ride  
starts with  
**you.**



## Mrs Hough's Ginger Sponge

### Ingredients:

- 2 teaspoons cocoa
- 1 cup caster sugar
- 1/2 cup arrowroot
- 1 teaspoon ground cinnamon
- 1 teaspoon ground ginger
- 1 teaspoon mixed spice
- 1 cup plain flour
- 2 teaspoons baking power
- 4 eggs
- 1 teaspoon golden syrup mixed in 2 tablespoons hot water

### Method:

1. Set oven at 180 degrees
2. Grease and flour 2 x 18cm round tins
3. Separate the eggs whites from their yolks
4. Sift dry ingredients x 3 times
5. Beat egg whites with a pinch of salt, until stiff
6. Gradually add the sugar and beat until thick
7. Fold in egg yolks one at a time using metal spoon
8. Fold in half the dry ingredients, gently stir in the liquid and fold in remainder of dry ingredients
9. Divide mixture into the 2 tins and cook for 20-25 minutes
10. Loosen cakes with a knife and turn out immediately
11. Serve with whipped cream.

Something different  
Enjoy!!!

## Uncle Pat's Spiced Pumpkin Bread

### Ingredients:

- 1 cup sugar
- 1/2 cup vegetable oil
- 2 eggs
- 1 cup of cooked pumpkin (mashed)
- 1 3/4 cups self raising flour
- 1/4 cup water
- pinch of salt
- 3/4 teaspoon cinnamon
- 1/2 teaspoon nutmeg
- 1/4 teaspoon ground cloves
- 1/4 teaspoon ground ginger

### Method

1. Beat eggs, oil and sugar together until light and fluffy
2. Gradually add the pumpkin
3. Sift dry ingredients together
4. Add the combined dry ingredients to the pumpkin mix alternatively with the water
5. Turn into greased loaf tin
6. Bake in moderate oven (180 deg) for 1 1/2 hours
7. Allow to cool in tin before turning out
8. Serve Buttered.

Something else  
a little different  
Enjoy!!!

The problem of taking the missus camping



(left) cartoon was sent in by  
Antony Rehn  
Toowoomba  
Branch member.

The members of  
Community Supporting Police Inc.  
wish to say thankyou to everyone who has:  
provided articles, sent through recipes,  
photos, captions and made  
contributions to this edition.

If you want to share any stories,  
photos and or recipes please email  
the Secretary at [secretary@csp.asn.au](mailto:secretary@csp.asn.au)

We sincerely thank you  
for your continued support.

*Thanks to Anthony Rehn Toowoomba Branch for  
the photo and caption far left.*

# Out and About



Bribie Island Emergency Services Expo



Nundah Festival



Bribie Island Emergency Services Expo



Brisbane Emergency Services Expo



Bribie Island Emergency Services Expo

CSP would like to thank: Mr Graham Gibb, (Volunteer in Policing Bribie Island) and Senior Constable Jo Arthur (Caboolture Crime Prevention), Senior Constable Bruce Murray (Valley Crime Prevention), and Acting Sergeant Kimberley Richter



Brisbane Emergency Services Expo



Brisbane Emergency Services Expo

(Gateway Crime Prevention) for their invitation and hospitality at these three events.



Queensland Police Service Key Ring  
**\$5.00**  
(Suitable for engraving great for graduation gift)



CSP Pen in Pouch  
**\$5.00**



QPS Lanyard  
**\$5.00**



Queensland Police Service Corporate Pen in Presentation box  
**\$12.00**  
(Suitable for engraving great for graduation gift)

# Collectable

**CONSTABLE T. BEAR**  
**\$45.00**



**New Koala Cop**  
**\$25.00**



# NEW!!!



**Geronimo**  
named after working Mounted Unit Police Horse  
**\$15.00**



**Police German Shepherd,**  
named after QPS working dog  
**\$18.00**



**Police Labradors Dogs**  
(named after QPS working dogs)

The members of Community Supporting Police Inc. sincerely thank you for purchasing CSP merchandise as it provides CSP the funding required to maintain emergency welfare accommodation for Police Service members and their families in times of trauma and or crisis

Our Junior Police range can be viewed on the following page

Our full catalogue is available online at [www.csp.asn.au](http://www.csp.asn.au)

Products are available for purchase through the CSP online store [www.csp.asn.au](http://www.csp.asn.au)

&  
at Police Headquarters Health and Recreation's QSHOP Roma Street

# Soft Toys

# CSP Junior Police Range

## Children's clothing range



**Junior Police Polo**  
slim fit children's size 2 to 12  
**\$30.00**



**Junior Police Cargo Pants**  
children's size 2 to 12  
**\$30.00**



**Junior Police Cap**  
adjustable  
**\$15.00**



### JUNIOR POLICE CARGO PANTS APPROXIMATE SIZING CHART

SIZE	WAIST		OUTSIDE LEG
	NORMAL	EXTENDED	
2	46	56	52
4	50	62	64
6	52	64	73
8	54	68	78
10	56	70	86
12	60	72	91

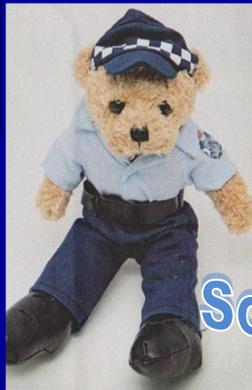


(Above left) Junior Police Constable Austin (left) and Junior Police Constable Willow (Above left and right) modelling the complete Community Supporting Police Junior Police Uniform.

**Thank you to our wonderful models!!!**



(Photo left) sent in by a mum, who wrote "My son wore his police uniform for Bookweek at his kindy and it was a hit".



**Plush Junior Police Teddy**  
**\$15.00**



**Plush Kangaroo with Junior Police bandana**  
**\$12.00**



**Plush Emu with Junior Police bandana**  
**\$12.00**

*Soft toy range*