

We will never forget them With honour they served.

On September 28th and 29th members of the Queensland Police Service, dignitaries and family representatives of fallen officers came together to honour officers who have tragically lost their lives

in the line of duty.

At a candlelight vigil in Brisbane Representatives from the families of fallen officers gathered at the Queensland Police Service Memorial at dusk where the Premier Palaszczuk, Commissioner Carroll (APM) and Minister Ryan lit candles in memory of those who have paid the ultimate sacrifice, on the eve of National Police Remembrance Day.



2020's National Police Remembrance Day was held at the Queensland Police memorial in the Brisbane Botanical Gardens under COVID–19 safe guidelines. During the memorial Commissioner Carroll acknowledged the loss of Police members from: Victoria Police, the Australasian and Pacific jurisdictions of Fiji, New Zealand and Papua New Guinea. Commissioner Carroll reflected upon all those Queensland Police Officers who have lost their lives, in particular those whose anniversaries fall in 2020.

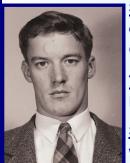
<u>Constable William Arundell</u> of Watsonville Police Station died after being thrown from and kicked by his horse in February 1890.



<u>Constable William Mercer</u> (left) of Cloncurry Police Station fell from his horse, fracturing his skull in 1910.

<u>Plain Clothes Constable Arthur Crust</u> of Brisbane Traffic Branch collided with a car on his motorbike 1930. Constable Roy Beahan travelling in the sidecar was uninjured.

<u>Sergeant First Class Theodore Herman</u> (right) of Blackall Police Station collapsed and died of a heart attack when arresting and escorting offenders in Blackall in 1950.



<u>Senior Constable Ronald Moore</u> (left) of Rolleston Police Station drowned while conducting water height checks of the river at Comet River Bridge in 1970.

<u>Technical Officer Grade One James Browning</u> of Brisbane

Radio Maintenance Division was killed in a traffic crash on his way home in1980.

<u>Senior Constable Norm Watt</u> (right) of Rockhampton Dog Squad was killed when attending a domestic disturbance at Alton Downs in 2000.



Sergeant Dan Stiller (left) of Oxley District Traffic Branch was struck by an oncoming truck while escorting a wide load on the Bruce Highway near Mount Larcom when a truck braked and jack-knifed in 2010

Commissioner Carroll said National Police Remembrance Day is about remembering all of our fallen colleagues and continuing our own commitment to serving our communities and keeping them safe. "Their deaths have not only had an impact on their loved ones but also the Service and the

community".

"They will never be forgotten."



SUMMER 2020 NEWSLETTER

"Supporting those who support us"

On Wednesday 16th September 2020 Mr. Bryan Brown (AM) Community Supporting Police President opened and welcomed everyone to the 2020 CSP AGM at 3.31pm. Unlike previous CSP AGMs this meeting was held via MS Teams as had all CSP meetings since March 2020 due to COVID 19. After Mr Brown's acknowledgment to the traditional owners of the lands on which we meet, the meeting proceeded with Mr Dan Mahon leading "A Prayer for the Queensland Police Service" and "A Prayer for CSP and Helping Hand". During the course of the meeting both Commissioner Katarina Carroll (APM) (CSP's Patron) and Assistant Commissioner Charysse Pond (Deputy Chair CSP Helping Hand Fund), addressed those online.

The Commissioner acknowledged the invaluable partnership between the QPS and CSP and the ongoing support of QPS members. She also expressed her sincere thanks to Bryan as the outgoing president for his efforts over the years and offered congratulations to Dan as the appointed president for the coming year. Commissioner Carroll spoke with passion about supporting all QPS members and the role of CSP in this regard and thanked Chaplaincy for their support and ongoing work, not just their support of QPS members and families but also support of members from other jurisdictions and the importance of reciprocity. Commissioner Carroll committed to her support of CSP and working together, extending her sincere gratitude to CSP and all members for their support.

Assistant Commissioner Charysse Pond firstly, acknowledged the wonderful work done by the previous Deputy Chair, Superintendent Mark Plath (ret). Representing Assistant Commissioner Micheal Condon (CSP HH Chair) Assistant Commissioner Pond acknowledged the work done by CSP HH during 2019-2020 and their ongoing assistance provided to members who find themselves in necessitous circumstances. The impact of COVID-19 has seen a loss of employment across the private sector with many partners of QPS members finding themselves in challenging financial circumstance with some having to seek assistance from Helping Hand. Assistant Commissioner Pond recognised that it is due to the generosity of our subscribers, that CSP HH remains financially viable in its ongoing quest to provide support to our members and families and whilst the current balance of funds is substantial, there is an ever-increasing awareness that, as a Committee, there is a need to build on the membership to ensure the continuance of the good work in supporting our people.



Prior to the election of the 2020 – 2021 Office Bearers Mr Brown displayed the CSP 30th Year Anniversary Logo (left), and moved that CSP begins to use the Logo on correspondence, the CSP webpage, CSP Facebook page as a means of promoting 2021 as CSP's 30th Birthday Year.

Mr. Evan Newton (OAM) declared all positions vacant and chaired the Election of Officer Bearers in accordance with the CSP Constitution. Nominations were called and accepted for the executive: <u>President</u>: Mr Dan Mahon, <u>Vice President</u>: Mr Bryan Brown, <u>Treasurer</u>: Mr Victor Serchen and <u>Secretary</u>: Mrs Cecelia Serchen.

Appointees: <u>Queensland Police Representative</u>: Inspector Leonie Fordyce; <u>Queensland Police Chaplain:</u> Reverend Doug Foster and <u>Helping Hand Representative</u>: Ms Nadene Sander.

Management Committee Portfolios: <u>Blue Ribbon Committee Representative</u>: Mr Col Diachkoff, <u>Emergency Accommodation Coordinator</u>: Mrs Peggy Campbell, <u>Event Coordinator</u>: Mrs Cecelia Serchen, <u>Marketing and Promotions Officer</u>: Ms Deborah Nicholson (APM), <u>Merchandise Officer</u>: Ms Colleen MacCarthy, <u>Branch Liaison</u>: Mrs Cecelia Serchen, <u>Police Beat Liaison</u>: Ms Colleen MacCarthy.

At the conclusion Mr Dan Mahon: offered a vote of thanks to: the past Community Supporting Police (CSP) Management Committee, Regional Committees, Commissioner of the Queensland Police Service (QPS), all members of the (QPS) and Queensland community members through their involvement in work performed, donations and the purchase of CSP merchandise. Mr Mahon also thanked past president, Mr. Bryan Brown (AM) for his service and leadership of CSP and his willingness to remain on as Vice President to continue supporting the objectives of CSP; the members of the newly elected committee for their ongoing support and commitment to CSP that will enable us to further engage with the QPS and the Queensland Community especially younger people to ensure the lifelong continuance of CSP's ability to meet its aims and objectives.



PD Pezz with his handler & life-long friend, Senior Constable Jess Dwyer

Vale Queensland Police Dog Pezz

myPolice on Aug 20, 2020 @ 10:39am

It is with great sadness that we share with the community the recent passing of serving Firearms and Explosives Detection Dog PD Pezz. PD Pezz was born on July 2, 2010 at the QPS Dog Squad complex.

In 2013, PD Pezz attended the firearms and explosives detection course where he was inducted into the Service as a Detection Dog, connected to the Explosives Ordnance Response Team. This is where he met his handler and life-long friend Senior Constable Jess Dwyer.

During his career, PD Pezz and Senior Constable Dwyer worked together to complete searches for dignitaries visiting Queensland, locate firearms during search warrants and perform duties during the 2014 G20 and the Commonwealth Games in 2018.

PD Pezz's life was action-packed; he flew in the rescue helicopter, rode in the QPS dingy and travelled all across Queensland just to name a few highlights.

PD Pezz will be sorely missed by his handler and life-long friend, Senior Constable Jess Dwyer. PD Pezz was loved dearly by his handler and her family.

He left an impression wherever he went, with people commenting even at 10-years-old that he had the energy and charisma of a puppy.

Sadly, PD Pezz recently became unwell with an unforeseen illness and it is with great sorrow that the decision was made on the morning of Sunday, August 16, to put PD Pezz to rest.

PD Pezz passed away peacefully in the arms of Senior Constable Dwyer and her family after more than seven years of dedicated service to the Queensland community.

As an acknowledgment of their contribution to the Queensland Police Service and the wider Queensland community, CSP's plush puppies are named after serving Queensland Police Dogs. PD PEZZ's name-sake was recruited into the CSP Police Dog Squad in June 2016 and as a result there will be many a household across the State, possibly Australia and beyond who have Pez protecting them and keeping their little ones company.

Rest in Peace PD Pezz
Thank you for your honourable service.

Keeping in touch Jenny's Caramelised Chicken Cutlets (serves 4)

Ingredients:

2 teaspoons vegetable oil 800 gm chicken thigh cutlets 1 medium red onion sliced thinly 3 cloves garlic sliced thinly 1/4 cup (55gms) brown sugar 1 tablespoon dark soy sauce 1 tablespoon fish sauce

1/3 cup chopped fresh coriander

Method:

- 1. Preheat oven to 180 deg fan forced
- 2. Heat oil in large frypan, cook chicken both sides until brown
- 3 Place chicken in single layer in baking dish
- 4. Roast in oven uncovered for approximately 25 minutes or until cooked through
- 5. Meanwhile heat the frypan
- 6 Add and cook the onion and garlic stirring until onion softens
- 7. Add sugar and sauces, cook stirring for 3 minutes
- 8. Return chicken to pan with coriander, turn chicken to coat in mixture.

Serve with steamed vegetable accompaniment: combination snow peas, baby Buk Choy, Chinese broccoli etc then drizzle with a little sesame oil and finely chopped fresh red chilli & jasmine rice.



Congratulations to the boys in Blue



left to right) Senior Constable Ryan Cole (Caboolture Child Protection & Investigation Unit) Senior constable Dane Britton (Petrie Police) & Senior Constable Matt Powell (Fortitude Valley Bike Squad)

At 2pm on the 12th September Senior Constables Dane Britton, Matt Powell and Ryan Cole set off from the head of the Brisbane Valley Rail Trail at Yarraman to run 160 KMS in 24 HRS.

The event was the aptly named 'Not a Fun Run' and was a way for the officers to build community awareness around raising much needed funds for the Children's Hospital Foundation, who work wonders for sick kids.

These three police officers wanted to do more to build good relationships in their communities and raise awareness for the amazing young warriors fighting illness in our Children's Hospitals.

The funds that were raised by all the Not a Fun Run supporters went to buying essential medical equipment, assisting groundbreaking research into childhood cancers and providing sick kids and their families entertainment and relief when COVID –19 had prevented the all important volunteers who assist at the hospital from attending to the kids.

Throughout the duration of the run the boys dodged angry snakes and magpies and also met some of their supporters who had come out to share amazing stories of their family's experiences with the Children's Hospital Foundation.

Support for the cause came from as far away as Fiji and Germany and really gave the guys motivation to get the monumental run completed. 166kms and 24HRS later they crossed the line at Wulkuraka Station having raised an incredible \$20,000.

Senior Constable Britton was elated with the success having originally set out to raise half that amount said it was overwhelming to have so many people come out to support what they were doing.

"We all have or know someone who's children are going through tough times with illness. Those kids are the strongest people on the planet, super heroes to us and this is a way we were able to give back and say thanks to them and the Children's Hospital Foundation for helping them" said Britton

Kind regards Dane





Photos and videos from the event can be seen on the Not a Fun Run Facebook page and on YouTube '160KMS in 24HRS- Not a Fun Run'

If you are a Queensland Police Service employee in need of support please contact your local QPS Chaplain or CSP Branch (contact details below)

If you would like to attend your local CSP Branch meeting or become a CSP member please contact your local QPS Chaplain or CSP Branch representative.

<u>Far North Region:</u> Rev Doug Foster - Foster.dougn@police.qld.gov.au (Cairns & Tablelands)

Northern Region: Inspector Joe Kitching - Kitching.JoeJ@police.qld.gov.au (Townsville)

Central Region: Sergeant Amanda Warby - Warby. Amanda C@police.qld.gov.au (Rockhampton)

Southern Region: Rebecca Elliott - Elliott.RebeccaJ@police.gld.gov.au (Toowoomba)

South Eastern Region: Linda Simpson - Simpson.LindaM@police.qld.gov.au (Logan & Gold Coast)

Brisbane: Cecelia Serchen - info@csp.asn.au (Brisbane Metropolitan).

Thank you

Community Supporting Police Inc acknowledges QBANK, our major supporter, for their continued and valuable support of our organisation.

QBANK provides much needed financial assistance thus enabling CSP to provide emergency accommodation to members of the Queensland Police Service and their immediate families in times of crisis and trauma.

QBANK's contribution extends to providing staff to assist in the selling of CSP merchandise at major events.

For this generosity

Community Supporting Police Inc
is extremely thankful.



For information about QBANK and its services and products please go to: https://www.qbank.com.au/

Containers for Change is the Queensland Container Refund Scheme and has been introduced to help reduce litter and recycle some of the 3 billion beverage containers (approx.) that are generated in our state each year. These containers are the second most littered items in Queensland. To help us all improve our recycling efforts and keep our beautiful environment litter-free, Queensland's Containers for Change scheme lets people receive 10-cent refund for each eligible container returned to a container refund point.

For more information regarding the Containers for Change Scheme please go to: enquiries@containersforchange.com.au

For your information and consideration CPS has now registered as a Container Refund Scheme charity.

Our unique identification number is C10018638.

If you or your family or friends would like to donate your/their "Container for Change" **refunds donated to CSP**, all they need to do is use the reference ID number **C10018638**

When leaving their beverage containers at the container refund point, any deposits will be automatically directed into the nominated Community Supporting Police Bank Account.



The members of CSP sincerely thank you for considering our organisation as a recipient for this fund raising activity.





(L-R) Sonya Tyrrell (AO), Jeanne Francis, Sergeant Lee Golding (OIC) Senior Constable Sharron Molyneux

Mt Garnet Station volunteer gardener thanked

https://mypolice.qld.gov.au/farnorth/2020/07/06/mt-garnet-station-volunteer-gardener-thanked-for-her-hard-work

A special presentation has been held to recognise local gardener Jeanne Francis for her work in keeping the Mount Garnet Police Station gardens in top condition.

Mount Garnet Police Station is home to a memorial garden for Constable Patrick McCabe, who was killed on October 13, 1913, near Mount Garnet.

Constable McCabe was only 38-years-old when he was thrown from a horse causing a fracture to the base of the skull. He was survived by his wife Jessie and six children ranging in age from 5 to 14 years of age.

Jeanne has spent many hours keeping the memorial garden clean and tidy, along with maintaining and replanting nearby garden beds around the station with plants she raises at home.

"I like to show respect for Officer McCabe, who served Mount Garnet at the cost of his own life, by keeping the gardens looking nice," Jeanne Francis

"I have great respect for the current officers and staff and we all like to show pride in the local Police Station, which is a focal point in the small rural community."

Jeanne, who is of Gadjula decent but identifies as Murri, is also one of the local Indigenous artists specialising in nature and traditional drawing and has previously created artwork to support White Ribbon day to help bring awareness to stamping out Domestic Violence in the community.

This artwork hangs in pride of place within the Mount Garnet Police station, so that all entering can observe and stand up against Domestic Violence.

Jeanne has previously had her work on display at the University of Southern

Queensland and has held the position of artist in residence.

CSP and Social Media

Since 2011, CSP has used social media through the Community Supporting Police Facebook page. This initiative was widely supported by the CSP Management Committee with the hope our page could be linked in with the Qld Police Facebook page where events and comments could be shared. Since that time photos of CSP attendance at many events across Queensland have been shared with lots of positive responses received from our Facebook followers. There have been a lot of photos posted about CSP attendance at many events, including the Ekka, Behind the Crime, Dogs on Patrol and the annual Caravan and Camping Show. We have a great team of volunteers who help out on our merchandise stands, but we are always looking for more assistance.

Each year a number of photos and comments have been posted about CSP involvement in the QPS Blue Ribbon Committee which supports National Police Remembrance Day commemorations. Photos have been shared about CSP, police recruit and staff attendance at Brisbane train stations each year assisting with the collection of donations. We have posted a lot of photos of many donations made to charity and welfare groups including Beyond Blue and Mater Little Miracles.

The great support CSP receives from QBANK each year by way of sponsorship is regularly shared on both the QBANK and CSP Facebook pages. Over the past few months a number of other Community Facebook pages have been linked to the CSP Facebook page. This is great community engagement for our organisations.

More importantly the CSP Facebook page has been a great marketing tool to show of the fantastic range of CSP merchandise available for sale through our on-line store: www.csp.asn.au; or through our community stands. CSP Secretary Cecelia on info@csp.asn.au or Marketing and Promotions Deb on marketing@csp.asn.au

CSP's Marketing and Promotions Officer & Life Member, Ms Deborah Nicholson attended the Kallangur Bowls Club. on Friday 23rd October 2020 where she spoke to the members of the Kallangur PROBUS Association. Ms Nicholson sincerely thanked both Margaret Hilton, from Kallangur PROBUS and Mr Evan Newton (CSP Life Member) for the opportunity to discuss two of her passions: Crime Stoppers and her role on the Board of Directors; as well as Community Supporting Police.

As a recently retired Detective Inspector and QPS Liaison on the CSP Management Committee for 10 years, Deb knows only too well of the valuable support CSP provides for members of the QPS in their time of trauma and or crisis and is very keen to promote our organisation to the wider community.











(above & left) Senior Constable Peta-Maree, Petrie Police made Eli's 3rd Birthday a day to remember!!!

Eli, a future QPS recruit, was ready for duty when Peta-Maree arrived in her police car with his present a Junior Police polo shirt and matching Junior Police cap. To complete the surprise Peta-Maree delivered one of each of CSP's dog squad members for Eli and his cousins.



Happy Birthday Fill

Tentative CSP Brisbane Meetings Dates 2021

Annual General Meeting: Wed 8th September 2021

General Meeting: Wed 14th April 2021

Wed 10th November 2021

PLEASE NOTE: due to possible future COVID restrictions: the style & location of these meeting will be decided closer to their respective dates.



Congratulations

Logan District Volunteer of the Year 2020

In May, as part of National Volunteer Week, Logan District Volunteer in Policing Barb Cieslak, (right) was recognised for her service and commitment to assist Logan's front line officers.

Senior Constable Luke Turner acknowledged this year's theme *'Changing Communities Changing Lives,'* is reflected in the work done by Volunteers in Policing (ViP).

Barb, who was nominated by her fellow ViP's and policing contingent and is hosted at Crestmead Police Station was also nominated for a state award for Queensland Volunteering for her dedication, commitment and passion.

(https://mypolice.qld.gov.au/logan/2020/05/18/logan-district-volunteer-of-the-year-2020)



If you are interested in volunteering for the Queensland Police Service, visit https://www.police.qld.gov.au/careers-with-the-qps/volunteers-in-policing.

Keeping in touch The CSP management committee would like to say thank you to the members and supporters who have been sharing recipes and messages across our network during the COVID-19 isolation as a means of keeping in touch. The sharing of recipes and various words of wisdom has allowed some of our volunteers as well as others within our community and beyond to stay connected as we travel through this unusual time.

Queensland Mental Health Week (QMHW), held from the 10th to 18th October. This annual awareness week aims to shine a spotlight on individual and community mental health and wellbeing and is an initiative linked to National Mental Health Week and World Mental health Day (10th October). The theme for this year was "Take time—for mental health" https://www.qld.gov.au/about/newsroom/queensland-mental-health-week.

Your mental wellbeing affects the way that you handle your emotions, respond to stress and also your general outlook on life. It lifts your mood, promotes resilience in difficult situations and helps you get the most out of life. It doesn't matter who you are, where you live or how you're feeling – taking a few moments for yourself each day will help you be a happier and more resilient you. https://mentalwellbeing.initiatives.qld.gov.au/

The week provided the opportunity for all of us to think about our mental health and wellbeing, regardless of whether we may have a lived experience of mental illness or not and to understand the importance of mental health in our everyday lives and encourages help seeking behaviours when needed.

If you or someone you know needs help, someone to talk to, support, the following organisations might be able to help:

Beyond Blue: - Coronavirus Mental Wellbeing Support Service - 1800 512 348 or go https://www.beyondblue.org.au/

Life Line: 13 11 14 – 24 hrs telephone crisis support needs

Kids Helpline: 1800 55 1800;

eheadspace: Online and telephone counselling for 12-25yr olds

Relationships Australia: 1300 364 277

Stay safe, strong and healthy.

Ingredients: Icing

2 egg whites.

2 and 1/2 cups of icing sugar.

Dee & Deb's Croatian Cookies

Ingredients: Cookies

1/2 Kg Plain Flour

100g White Sugar

1 tablespoon Cinnamon

1 teaspoon (full) bi-carb soda

3 Whole eggs plus 2 egg yokes

200 ml Honey

Method: Cookies

- 1. Place flour, sugar, cinnamon and bi-carb soda into a large bowl and mix well.
- 2. Heat Honey in a saucepan, until it starts to boil.
- 3. Divide the dry ingredients (in the large bowl) into halves.*
- 4. Pour Honey into one of the halves and mix to dissolve the honey.
- 5. Add the 3 eggs plus the 2 egg yokes to the remaining half of the dry ingredients and stir through
- 6. Then mix both halves together very well.
- * (the reason for separating the dry ingredients is to allow the honey to absorb without adding the eggs, because it causes lumps in the mixture).

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- 7. Allow the mixture to rest on bench or large board for about 1 hour (cover with a bowl).
- 8. Roll out dough with rolling pin to about 1/2 cm thickness.
- 9. Cut with cookie cutter/glass until all dough is cut.
- 10. Arrange cookies (leaving space between each) on lightly greased & flour dusted tray.
- 11. Bake in batches at 180 deg until all cookies are cooked.
- 12. Once cooked place the cookies in a large bowl.

Method: Icing

- 1. Place the 2 and 1/2 cups of icing sugar into a small bowl.
- 2. Add 2 egg whites.
- 3. Mix icing sugar & egg whites with beater until very white
- 4. Pour mixture over cookies, coat well.
- 5 Place cookies on beach to dry
- 6. Store in airtight container in cupboard.





Crime Stoppers Queensland, established in 1989 Crime Stoppers Queensland is a member of STOPPERS the Crime Stoppers Australia. This national collective of eight Crime Stopper organisations operate in every state and territory, as Australia's most trusted information receiving service for people wanting to share what they know about unsolved crimes and suspicious activity without divulging

Crime Stoppers works closely with police, media and the community to help solve, reduce and prevent crime by collecting information and passing on those details to police and other law enforcement agencies to help keep communities and families safe.

Crime Stoppers' anonymous method of collecting information encourages people to share what they know, across a variety of crimes including: illicit drug manufacture, importation and distribution, wanted fugitives and illegal firearms.

Crime Stoppers Queensland's Board of Directors, all of whom are volunteers, have a vast array of skills, training and experience that they draw from to drive the organisation's strategic direction and manage its performance of our State Office.

Catherine Jackson, the Chair, (far right front) is an experienced senior executive, educator. strategic thinker, coach and facilitator. Catherine is also a graduate of the Australian Institute of Company Directors.

Greg Beale Deputy Chair (left back) is an experienced insurance account partner and a veteran Crime Stoppers volunteer of 30 years.

Andrew Jones, the Volunteer Liaison, (centre back) retired from the Australian Army to become a career volunteer with Crime Stoppers and Volunteers in Policing.

Tim Ryan, Director, (far right back) has been a dedicated Director of various not-for-profit organisations including Crime Stoppers, Daniel Morecombe Foundation and the Maroochydore SLSC.

Deborah Nicholson (left front) is a retired Detective Inspector with the Queensland Police Service and a qualified Director with the Australian Institute of Company Directors and Women on Boards. Deborah is also a valued member of Community Supporting Police, accepting the portfolio of Marketing and Promotion Officer for 2020 -2021 at the September Annual General Meeting (see Social Media article page 6).



Assistant Commissioner Peter Fleming (left) leads the Security and Counter-Terrorism Command for the Queensland Police Service, and is the Commissioner's representative on the Board of Directors.

In addition to these elected roles the Board has introduced a Volunteer Liaison who will ensure a close connection between the Board and our 400 plus volunteers working in 30 committees across

Queensland. https://www.crimestoppersqld.com.au/about/

The Community Supporting Police Inc. (CSP) Helping Hand (HH) is a registered tax deductible gift status organisation which aims to render financial aid and assistance to members of the Queensland Police Service (QPS) and their families, who are faced with serious, terminal, life threatening injuries or significant personal trauma.

Helping Hand has established a network of volunteer employees across the State, who can identify and coordinate assistance for colleagues and their families. HH raises funds through donations, sponsorship, payroll deductions and fund raising events.

No donations have been spent on administration costs since the fund commenced in 2005. Helping Hand donations, including those made through the payroll system, are tax deductible.





YOU can make a significant difference.



We hope you find this edition informative and interesting. Thankyou to all those, who have taken the time to write articles and contributed to this edition. If you want to share: stories, recipes please email the secretary at info@csp.asn.au

We sincerely thank you for your continued support of CSP.

Community Supporting Police Inc



Support those ...who support you

Community Supporting Police Inc (CSP) is a community driven organisation which is devoted to raising funds to provide comfort and support to members of the Queensland Police family in times of crisis and or trauma.

Since its inception in 1991, CSP has continued to raise funds to provide emergency accommodation free of charge to hundreds of QPS families who have required assistance. Requests for assistance are made through the Police Chaplain or Human Services Officer.

Membership is \$20 per year



Helping Hand is a registered charity and is a sub-committee of CSP. Helping Hand provides financial assistance and a communication network to members of the QPS family affected by serious illness or personal trauma.

QPS members can make tax deductible donations to Helping Hand through their payroll

For more information about Community Supporting Police visit www.csp.asn.au or email info@csp.asn.au

To make a donation or purchase check-out www.csp.asn.au or email info@csp.asn.au.

Keeping in touch: We hope you like the collage of interesting Australian Road Signs which is provided courtesy of some of our CSP and QPS members, who have encountered these conversation starters, as they have travelled the back roads of this wonderful country, we are so lucky to call home. Such landmarks could be the focus of your next road trip...

"HAPPINESS IS A JOURNEY, NOT A DESTINATION."

Some uniquely Australian road signs



https://www.big4.com.au/tips-and-inspiration/things-to-see-and-do/drives-and-road-trips/road-signs-youll-only-see-in-australia

Protect others and stop the spread

We can all help slow the spread of COVID-19 in Australia.

To protect others you must:

- * practise good hygiene
- * practise physical distancing
- * follow the <u>limits for public gatherings</u>
- *understand how to self-isolate if you need to.

National Coronavirus Helpline

Call this line if you are seeking information on Coronavirus (COVID-19) or help with the COVID Safe app.
The line operates 24 hours a day, seven days a week.

If you are having a medical emergency call 000.

https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert

Stay safe,
Stay strong
&
Stay healthy

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Get Ready Queensland

As we all know Queensland is a great place to live, work and play. We also know that Queensland can experience some extreme weather and it's not a matter of 'if' but 'when'. According to the Queensland Government's "Get Ready Campaign" now is the perfect time to start thinking about how you and your household 'Get Ready' before a major weather event happens.

Following on from the 2019 –2020 unprecedented fire emergencies across Queensland, Get Ready Queensland and Queensland Fire and Emergency Services (QFES) have partnered to create a radio campaign to further support current activity in the community, raising awareness of the importance of bushfire preparedness for all Queenslanders. For more information please contact the Get Ready Queensland team at getready@gra.qld.gov.au

Being one of Australia's tropical environments northern and central Queensland witness cyclones occur which can intensify rapidly, hence it is important for the community to be prepared before they arrive.

Cyclones usually occur between November and April, bringing with them destructive wind speeds, heavy rainfall, flooding, storm surges and dangerous storm tides. Hence if you live in a cyclone prone area, it's important to find out from your local council the location of any cyclone emergency shelters and if your property is located in a storm surge area.

However, no matter where you live, work or play in an emergency things can change quickly so it is vital to have reliable, current information from a trusted source. Please refer to the <u>Bureau of Meteorology weather warnings</u> online and information on <u>current tropical cyclones</u>. Another recommended source of up-to-date information is the <u>ABC Emergency</u> website and their <u>cyclone information</u>.

PREPARE YOUR HOME

General Maintenance

- * Display a prominent house or lot number, in case it is required in an emergency
- * Ensure there is adequate access to your property
- * Reduce vegetation
- * Mow your grass regularly
- * Relocate flammable items away form your home, including woodpiles, paper boxes, crates, hanging baskets & garden furniture (particularly when advised of possible storm, cyclone or fire)
- * Check your first aid kit is fully stocked
- * Make sure you have adequate insurance coverage on your home, vehicles etc
- * Review and up date your survival plan.

For Cyclone

- * Turn off all electricity, gas and water; unplug all appliances
- * Clear your property of small loose items and secure any larger items.
- * Make sure shutters are closed or use packing tape on your windows to hold any broken glass in place.

For Bushfire

- * Clear leaves, twigs, bark and other debris from roof and gutters
- * Purchase and test the effectiveness of gutter plugs
- * Enclose open areas under decks and floors
- * Install fine steel wire mesh screens on all windows, doors, vents and weep holes
- * Point LPG cylinders relief valves away from the house
- * Conduct maintenance checks on pumps, generators and water systems
- * Seal all gaps in external roof and wall cladding
- * Trim low—lying branches

https://www.ruralfire.qld.gov.au/BushFire Safety/Pages/Prepare-for-bushfire-season

IN AN EMERGENCY

You'll need to contact some key people. Identify who they are and what you need from them. Also think about where your emergency meeting place will be.

- * Know where your nearest cyclone/ fire shelters are and the safest rooms to shelter in your home.
- * Swap phone numbers with a neighbour or other local contact you can reach out to in an emergency.
- * Follow your local area social media feeds to connect with people in your community.
- * Make sure your key contacts know where you intend to go if there is a cyclone and if necessary, what plan you will make to meet.
- * Know the plans of your children's school or care centre in a cyclone emergency.
- * Plan for where your pets or animals can stay and what they will need.
- * Check you have sufficient personal protective clothing and equipment .(cont pg 13)

Get Ready Queensland (cont pg 12)

Important Personal and Insurance Documents will make recovery following a fire or cyclone emergency easier. Here's a checklist that could help prove your identity and property ownership:	
	Drivers licence
	Passport
	Birth certificates
	Marriage certificate
	Medical documentation
	Property titles
	Bank and financial documents
	Insurance documents
	Qualifications
	Wills
Thes	Prtant Documents prepare a survival kit, think about precious items that will be important to your recovery. e documents can be scanned and loaded onto a laptop or hard drive, or copied and kept safe in a waterproof or box.
A Survival Kit: includes things you'll need if there's no safe drinking water, if roads are cut off, shops closed and power down. Here's a checklist to get yours started:	
	Mobile phone
	Water
	Torch
	Chargers and batteries
	Cash
	Medicines and first aid supplies
	Toiletries
	Protective clothing
	Non-perishable food
	Hand sanitizer
Recovery items are familiar possessions that give you comfort. They can include:	
	Sentimental items, like photos, jewellery, family memorabilia.
	Children's most-loved toys.
□ enter	Laptops and chargers. Laptops are useful for storing scanned documents, for staying connected, for tainment and to archive photos.





Stay safe



CSP MERCHANDISE

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NEW PRODUCTS



Queensland Police Service branded Corporate Pen in Presentation box, \$12.00

Box can be engraved great for graduation gift



Queensland Police Service branded Key Ring \$5.00.

(suitable for engraving) great for graduation gift)



Blue Ribbon branded Face Mask \$10.00

(3 layers, adjustable straps reusable face mask)



CSP Pen in Pouch

All products are available
through the CSP online store
&
at the Police Headquarters
Store
Roma Street

Inside

CSP MERCHANDISE

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Junior Police Cap adjustable \$10.00 CSP Junior Police Range

mm

JUNIOR

POLICE

Plush Kangaroo with Junior Police bandana \$12.00



Plush Emu with Junior Police bandana \$12.00



Geronimo named after working Police Horse \$12.00



Soft Toys

Junior Police Polo slim fit children's size 2 to 12 \$30.00



Police Dogs (named after QPS working dogs) \$12.00 JP Teddy \$15.00



<u>Collectable</u>

Ho! Ho!! Ho!!! Merry Christmas

"I'm only \$40.00"

This special price is for Christmas only!!!

Valid 'til

31st Dec 2020

CONSTABLE T. BEAR



Koala Cop \$20.00



Other





QPS Lanyard \$5.00

For the full range of CSP merchandise please visit the CSP store: www.csp.asn.au for prices, availability and information about placing orders.



2020 has been a very different year for everyone, our thoughts and prayers go out to everyone who has been impacted by COVID.

This virus has provided unprecedented challenges, as it continues to impact the lives of communities across the globe.

The introduction of various health department guidelines in response to COVID-19 has brought many changes to our daily lives and routines.

At the beginning of 2020 Community Supporting Police had been scheduled to attend many events however these were subsequently cancelled or postponed thus reducing the opportunity for social contact between our members and supporters; as well as our ability to raise funds and promote our organisation.

Merchandise sales have continued through our on-line store and regional sales. We are extremely grateful for the work done by our dedicated volunteers across the State and to our wonderful

supporters, who continue to make purchases ensuring CSP has been able to fund the ongoing maintenance etc for the emergency accommodation for QPS members and their families in times of crises and trauma.

The occupancy rates for this emergency accommodation has remained high during the year and for this reason CSP is also very grateful for the sponsorship and support received from: the Queensland Police Service; QBANK; Hunter Promotions; other local and regional organisations and businesses; those who have made payroll deductions or general donations.

As we look forward to the New Year and Community Supporting Police Inc's thirty-year anniversary the members of CSP would like to take this opportunity to we wish each of you: our readers, supporters and recipients of our emergency accommodation and/or Helping Hand funds, a truly peaceful and joyous Christmas and every success and happiness for the year ahead.

We sincerely thank you for your continued support and look forward to working with or for you in 2021.

Seasons Greetings

Christmas Blondes

Keeping in touch:

Ingredients: cookies

2/3 cups (220g) bottled fruit mince

2 tablespoons brandy

180 gm butter (softened)

1 teaspoon vanilla extract

1 cup (220g) brown sugar

2 eggs

1 cup (150g) plain flour

1/2 cup (75g) self raising flour

1/2 cup (60g) almond meal

1/2 cup (95g) white chocolate bits

1&1/4 cups (100g) flaked almond, toasted.

Method: Cookies

- **1.** Preheat oven to 180 deg (160 deg fan forced)
- 2. Grease, line with baking paper (base & sides) a deep 20cm square cake tin/pan
- 3. Combine fruit mince and brandy in small bowl
- 4. Beat butter, vanilla and sugar in small bowl with electric beaters until pale
- 5. Add eggs and beat until combined.
- 6. Add both flours, almond meal and beat on low speed until well combined.
- 7. Stir in the fruit mince mixture, chocolate and half of the almond flakes.
- 8. Spread into the prepared tin/pan and sprinkle with remaining almonds
- 9. Bake for about 40 minutes or until a skewer inserted into the centre comes out with a few crumbs but not wet.
- 10. Allow to cool in pan before turning out and cutting into squares.
- 11. Dust with icing sugar (if desired)

